



**NETBALL  
NORTHERN**

## ELITE PERFORMANCE PROGRAMME

### ATHLETE APPLICATION FORM

*PLEASE complete and return this form by **September 1, 2018** to the Netball Northern Zone at*

*Email- [nzepp@netballnorthern.co.nz](mailto:nzepp@netballnorthern.co.nz)*

Athlete Testing and Screening is part of the application process. Testing is scheduled for **September 26<sup>th</sup> and 30<sup>th</sup>**. Please refer to the calendar on our website for NZEPP dates through until February 2019.

If you are successfully selected into the NZEPP you will be required to pay an annual membership subscription, which is a minimum of \$100. Levels 1 and 2 incur further costs and the details of this will be made available to you when you are offered a position. All subscriptions contribute to the delivery of the NZEPprogramme.

<b>Athlete Name:</b>	<b>Address:</b>
<b>Date of Birth:</b>	<b>Mobile Phone:</b>
<b>School Year for 2018 (if applicable):</b>	<b>Home Phone:</b>
<b>Email:</b>	
<b>Positions played (in order of preference)-</b>	
<b>Team(s) representing in 2018-</b>	
<b>Team(s) represented in 2017-</b>	
<b>Team(s) represented in 2016-</b>	
<b>School and/or Club Coach and contact details-</b>	

What was the FIRST centre you started playing Netball at?
Please nominate ONE Centre you would choose to play for in 2019?
Please outline your latest testing results. These can include YoYo, Speed & Agility, Strength
Please outline your S&C training experience to date

## OTHER SPORTS

Are you involved with any other sports?	YES      NO (highlight/circle one)	
If yes, please name the sport(s)	Code (Sport)	Team

**Athlete Screening will be made up of 2 components-**

1. Full fitness testing- Capacity (YoYo), Power, Speed, Agility, Jumps
2. Netball Skills testing – Technical, Tactical and Mental

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