

# Across the Zone - January 2019





























### **CEO Update**

Welcome to 2019. The year is starting off quickly with the ANZ Premiership starting on 24 February and a number of community events in February (further details on the calendar). In the later part of 2018, the Zone was delighted to connect with most netball centres in two forums, which provided an opportunity to discuss the strategic direction for netball in Northern Zone.

We are looking forward to hosting Netball Centres at the upcoming Zone AGM on Sunday 17 March 2019. To register please visit <a href="https://www.surveymonkey.com/r/Northern2019AGM">www.surveymonkey.com/r/Northern2019AGM</a>

### Year 7 & 8 Player Development Programme

Year 7 & 8 Membership is approximately 23,500 but only 4% of this age group is selected annually for representative teams. The purpose of the Year 7 & 8 programme is



to widen and improve the talent base through development opportunities and create an environment for players that enhances their capability by covering a wide range of technical and tactical development aspects. We worked with several centres to deliver this programme to players and coaches in 2018 and look forward to further uptake of the programme in 2019. Please connect with Vicki Morgan or Trina Henare for info.



#### **Junior Mixed Indoor Netball**

To explore the appetite for different formats of netball, the Zone supported the delivery of an indoor netball programme for Years 6, 7 and 8 in Whangarei. Feedback was excellent including: "My daughter loved the indoor comp, so nice to see her happy playing and not feeling pressured to do well!" "My son was very shy at first and didn't want to play but as he got to know the game and play, he enjoyed it."

### Walking Netball aimed at older participants

To engage a wider audience playing netball, our Far North Coach Development Officer has engaged with the local Primary Health Organisation to provide opportunities for older participants to play walking netball. The programme has been a huge success with participants enjoying the opportunity to be active in a game they love.

Netball Northern Zone is supporting netball centres in Auckland and Northland to implement walking netball as it has huge appeal to engage past/retired netballers and new participants. For more information on Walking Netball please connect with Vicki Morgan or Trina Henare.





Thanks to our Funders































### A Profile on Mangonui Netball Centre



Mangonui Netball Centre, based in Kaitaia, provides netball opportunities for over 800 netballers. At their AGM in November 2018, the Members voted unanimously to adopt a new Constitution which puts in place an Executive Committee to manage the centre's performance and two subcommittees to oversee netball delivery. The Executive Committee have also developed new playing regulations and job descriptions to provide smooth operation of the organisation. The AGM also elected new and continuing Committee Members which provides a great combination of new blood and experience.

In 2018, the Mangonui Netball Centre membership grew by 5% across both junior and senior members.

Well done to the Mangonui Netball Committee for all their hard work.





### **Northern Emerging Performance Programme**

Focused on developing players, coaches, umpires and managers to excel in the performance environment. In 2018, Northern Zone established three hubs, Central Auckland, South Auckland and Northland.

In Northland the programme attracted participants from across all netball centres and provided both theory and practical experiences to develop the skills and knowledge of the participants.

A key highlight was 22 players who joined the Emerging Performance Camp on 15/16 December 2018, along with 6 coaches. This intensive weekend provided a rich environment for growth and development.

For further information contact Trina Henare.





### **Umpire development**

Quality Umpiring is a vital component of netball participation. Following a decline of accredited umpires in 2017, the Zone started 2018 by engaging with netball centres to understand the factors to improve the quantity and quality of umpiring. Two outtakes were better planning and more technical support.

In response, the Zone developed a Centre Umpire Development Plan template and re-invigorated the Zone Umpire Development Group to provide dedicated umpire support for each netball centre. By the end of 2018, our accredited umpires increased to 830 umpires, a 42% increase compared to 2017.

For more information on umpire development, please contact Sharleen Morrell or Sophie Tua.

### **Zone Watchlist Umpires**

Netball Northern congratulates following five umpires included in the Netball New Zealand Zone Watchlist for 2019. The Zone Watchlist programme provides targeted support to Umpires who Netball New Zealand believe could be High Performance Umpires in the next 3-5 years. These umpires attended the National Development Camp held at St Peters College in Cambridge from 18-21 January.

Scott Bailey, Matt Davis\*, Maru Delamere, Shaz Papesch, Kiani Smith (\*new in 2019)



## **Coaches Space**

Coach Developer Forum Sunday 10 February 2019 9.30am to 3.00pm



An important part of the Coach Development framework are trained Coach Developers who deliver the coaching modules. We are holding a special training forum for all past, present and future budding coach developers. The theme is based on making our coach modules fun and physically interactive. Anyone interested or wants to know more about being a Coach Developer, please contact Chonaire Huriwai, Sophie Tua or Rhonda Martin-Raharuhi.



# **Upcoming Events**

Date	Topic	Location	Title	
Sat 2 Feb	Mystics Event	ASB Stadium Whangarei	Pre- Season Game	
Tue 5 Feb	CCA 1 Workshop	Papakura NC	Building Effective Relationships	
Thur 7 Feb	AGM	Rodney NC	Rodney Netball Centre AGM	
Sun 10 Feb	Coach Developers	Trusts Arena	Coach Developers Forum	
Mon 11 Feb	CCA 1 Workshop	Howick Pakuranga NC	Player Centred Coaching	
Tue 12 Feb	CCA 1 Workshop	Papakura NC	Planning Season/Session	
Wed 13 Feb	CCA 1 Workshop	Whangarei NC	Player Centred Coaching	
Wed 13 Feb	Northland Cluster EPP	Whangarei NC	Northland Cluster EPP	
Sun 17 Feb	CCA 2 Workshop	Pukekohe NC	Planning Annual/Tournament	
Sun 17 Feb	CCA 2 Workshop	Pukekohe NC	Mental Skills	
Sun 17 Feb	Mystics Open Day	Trusts Arena	Have A Go Day	
Mon 18 Feb	CCA 2 Workshop	Howick Pakuranga NC	Developing Physical Capacity	
Tue 19 Feb	CCA 1 Workshop	St Marys College	Player Centred Coaching	
Wed 20 Feb	CCA 1 Workshop	Whangarei NC	Planning	
Sat 23 Feb	CCA 2 Workshop	Pukekohe NC	Through Court	
Sat 23 Feb	CCA 2 Workshop	Pukekohe NC	Game Analysis	
Mon 25 Feb	CCA 1 Workshop	Howick Pakuranga NC	Team Culture	
Wed 27 Feb	CCA 1 Workshop	Whangarei NC	Building Effective Relationships	
Wed 27 Feb	CCA 1 Workshop	Whangarei NC	Team Culture	
Sun 3 Mar	Umpire Coach Training	Kerikeri NC	CAT – Introduction Workshop	
Wed 6 Mar	CCA1 Workshop	Whangarei NC	Attacking & Defence	
Sun 10 Mar	Umpire Coach Training	Pukekohe NC	CAT – Introduction Workshop	
Sun 10 Mar	Umpire Coach Training	Whangarei NC	CAT – Level 1 Workshop	
Mon 11 Mar	Umpire Coach Training	Papakura NC	CAT – Update Workshop	
Tue 12 Mar	Umpire Coach Training	North Harbour NC	CAT – Update Workshop	
Wed 13 Mar	CCA1 Workshop	Whangarei NC	Skills Analysis & Netball Smart	
Fri 15 Mar	Umpire Fitness	All Zone	Fitness Testing due to Zone	
Cot 16 Mar	Umnira Casah Training	Auckland NC	before 15th	
Sat 16 Mar	Umpire Coach Training		CAT – Level 1 Workshop  Netball Northern Zone AGM	
Sun 17 Mar	Zone AGM Umpire Coach Training	North Harbour Howick NC		
Mon 18 Mar Tue 19 Mar	CCA1 Workshop	North Harbour	CAT – Update Workshop	
	•		Player Centred Coaching	
Sun 24 Mar	Umpire Coach Training	Whangarei NC	CAT – Update Workshop	
Tue 26 Mar	CCA2 Workshop	North Harbour NC	Developing Physical Capacity	



### **Landing Skills improved with NetballSmart**

Netball players need to have good core strength and limb control to jump, land and change direction. NetballSmart offers many programmes for coaches to help players develop the fundamental movement patterns required for Netball, improving performance and reducing injury risk The NetballSmart Officers recently delivered Level 1 Landing Skills and NetballSmart Warmup to 44 participants (Year 7 to Year 13) at the Howick Pakuranga Netball Centre Emerging Talent Academy. Despite heavy rain the participants were actively engaged in all activities which will better prepare them for the coming season.

For more information contact Mel Kemp or Susie Belcher





### **Upcoming Mystics Events**

### Pre-season games at ASB Stadium, Whangarei Saturday 2 February 2019

Northern Marvels vs Northern Comets, centre pass 2pm Northern Mystics vs Northern Stars, centre pass at 4pm

### **Mystics Community Open Days**

Northern Wairoa Netball Centre, Tuesday 29 January, 11am to 1pm Kerikeri Netball Centre, Friday 1 February, 3pm to 4pm Trusts Arena, Sunday 17 February, 11am to 1pm, followed by training game at 1pm

### **Mystics Memberships and Tickets**

Come along, Be the crowd and see all the action of a LIVE Northern Mystics game, head to our website for home games info and ticketing <a href="https://www.northernmystics.co.nz/tickets2019/">www.northernmystics.co.nz/tickets2019/</a>

And if you can't make it to the Mystics ... maybe head to the Pulman Arena for a Live game of netball with the **Northern Stars** - <u>www.northernstars.co.nz/northern-stars/tickets</u>

### **Beko Team Selections**

Netball Northern Zone wishes to congratulate athletes on successfully participating in the 2019 Northern Zone Elite Performance Programme and the 2019 Beko Selection Process. The selected athletes for the Northern Marvels and Northern Comets BEKO Netball League Teams for 2019 are:

Georgia Bodle	Samon Nathan*	Christie Anderson	Oceane Maihi
Aisha Bower	Grace Nweke*	Chanelle Campbell	Ivana Rowland
Danielle Binks*	Jessie Taylor*	Kirsten Dicksen	Leehava Savelio*
Shekynah Clarke	Renee Te Riini	Chonaire Huriwai	Teuila Sotutu*
Tayla Foster	Filda Vui	Tori Kolose	Kristina Tipene
Courtney Katterns	Hannah Ward	Vika Koloto*	Halevalu Toutaioleno

Armani Lam Nani Waqaira\* Maine-Crystal Maro

Northern Marvels

\*Subject to Netball New Zealand Exemption

Jasmin Tufuga Tamara Leoni Rahnee Wakefield Nadia Loveday\*

**Northern Comets** 

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